

Pos	Athlete	Gender	Age	Bib#	10 Km	Pace
1	Jasper Vitse	M	20	417	0:34:39	3:27
2	Sam Verstraete	M	36	426	0:35:37	3:33
3	Koen Van Hamme	M	36	416	0:36:27	3:38
4	Robin Catteeuw	M	27	382	0:37:01	3:42
5	Bart Godderis	M	39	387	0:37:19	3:43
6	Johan Olivier	M	53	375	0:38:27	3:50
7	Xander Ameys	M	23	370	0:38:33	3:51
8	Bram Lootens	M	41	338	0:38:41	3:52
9	Brecht Hoflack	M	26	329	0:39:14	3:55
10	Lander phlypo	M	17	406	0:39:33	3:57
11	PETER De Groof	M	47	421	0:39:51	3:59
12	Kris Wuyts	M	40	389	0:40:11	4:01
13	Femke Deleu	F	19	327	0:40:12	4:01
14	Eric Balemans	M	26	374	0:40:25	4:02
15	Johan Michiels	M	55	362	0:40:35	4:03
16	Jeroen Saelens	M	30	369	0:40:58	4:05
17	Glenn Verdru	M	34	388	0:41:06	4:06
18	Luc Decaestecker	M	65	360	0:41:16	4:07
19	Pieter Verbeke	M	37	400	0:41:24	4:08
20	Lennert Knockaert	M	16	434	0:42:09	4:12
21	Kenneth Brouckmeersch	M	40	368	0:42:10	4:13
22	Siegert Hubau	M	28	344	0:42:15	4:13
23	Jeroen cogghe	M	37	405	0:42:18	4:13
24	Robin Copermans	M	29	420	0:42:47	4:16
25	Dieter Morest	M	34	383	0:42:52	4:17
26	Jens Lepoudre	M	27	404	0:43:46	4:22
27	Cedric Knockaert	M	14	435	0:43:57	4:23
28	Andries Delodder	M	33	628	0:43:57	4:23
29	Marc Dequeker	M	54	391	0:44:09	4:24
30	Ilke Deleu	F	20	328	0:44:38	4:27
31	Brian Ameys	M	53	631	0:44:38	4:27
32	Sylvie Dewaele	F	53	347	0:44:47	4:28
33	Camille Van Holzaet	F	24	308	0:45:00	4:30
34	Timo Van Eyck	M	25	398	0:45:15	4:31
35	Dieter Houthoofd	M	42	326	0:45:37	4:33
36	didier soenens	M	0	324	0:45:37	4:33
37	bart perdu	M	51	431	0:45:52	4:35
38	Jan Depuydt	M	54	350	0:46:07	4:36
39	Tom Dewaele	M	51	364	0:46:25	4:38
40	S&Atilde;&para;ren Tavernier	M	34	478	0:46:37	4:39
41	Kevin Naels	M	28	410	0:46:38	4:39
42	Kurt Brulez	M	53	409	0:46:38	4:39
43	Joke Lamerant	F	20	376	0:46:40	4:40
44	Niels Dequeker	M	30	403	0:46:41	4:40
45	Hilde Dosogne	F	51	413	0:47:39	4:45
46	Mario Peene	M	44	380	0:47:55	4:47
47	Christof Vandamme	M	42	407	0:47:56	4:47
48	Filip Deruwez	M	51	433	0:48:15	4:49
49	Dieter Papegaey	M	45	418	0:48:16	4:49
50	Bert Feys	M	34	401	0:48:56	4:53
51	Lutgart Van Insberghe	F	57	424	0:49:09	4:54
52	Myriam Jonckheere	F	40	381	0:49:09	4:54

53	Marijn Hillewaere	M	31	412	0:49:11	4:55
54	Sander Everaet	M	30	367	0:49:11	4:55
55	Jimmy Gremontprez	M	37	325	0:49:18	4:55
56	Angelique Plysier	F	40	408	0:49:22	4:56
57	Rik Decorte	M	55	304	0:49:30	4:57
58	Jorne Dubois	M	25	330	0:49:32	4:57
59	Younes Debeuf	M	31	479	0:49:33	4:57
60	Koen (Orbi) Vande Velde	M	0	425	0:49:39	4:57
61	Esci Gaeremyn	M	32	632	0:49:39	4:57
62	Lennie Vermeulen	F	40	393	0:50:15	5:01
63	Hanne Delanote	F	28	358	0:51:58	5:11
64	Valerie Wulfaert	F	36	385	0:52:18	5:13
65	Martin Couvreur	M	62	359	0:52:22	5:14
66	Dominique verduyn	F	51	339	0:52:49	5:16
67	Stefanie Vandamme	F	39	419	0:53:01	5:18
68	Pedro Decrock	M	63	402	0:53:08	5:18
69	Andy Vens	M	38	332	0:53:15	5:19
70	Joke Van Hove	F	26	363	0:53:35	5:21
71	johnny parent	M	47	340	0:53:37	5:21
72	John Neiryndck	M	72	379	0:53:45	5:22
73	Shirley Corteville	F	0	365	0:53:51	5:23
74	Sarah Khabiz	F	42	366	0:53:52	5:23
75	Achiel Denhert	M	14	427	0:53:57	5:23
76	Hannelore Verbeke	F	46	341	0:54:00	5:24
77	Jean Coens	F	44	337	0:54:09	5:24
78	Stijn Ryon	M	40	372	0:54:15	5:25
79	Els Verhaeghe	F	35	384	0:54:25	5:26
80	Dimitrie Deman	M	39	399	0:54:56	5:29
81	Kris Verhaeghe	M	48	397	0:54:56	5:29
82	Tessa Geirnaert	F	27	322	0:55:02	5:30
83	Els Dedecker	F	32	334	0:55:08	5:30
84	Danny Decreus	M	57	323	0:55:28	5:32
85	Elise De Roo	F	39	333	0:55:37	5:33
86	Luc Busschaert	M	69	357	0:56:50	5:41
87	Wim Eggermont	M	40	649	0:57:03	5:42
88	Jose Miguel Barrios Gonzalez	M	50	436	0:57:05	5:42
89	Daan Cailliau	M	26	378	0:57:22	5:44
90	Virginie Vandamme	F	39	430	0:57:26	5:44
91	Benny Devriese	M	41	371	0:58:14	5:49
92	Jana Verbeerst	F	30	422	0:58:14	5:49
93	Thomas Masquelin	M	34	429	0:58:27	5:50
94	Tijl Dael	M	24	428	0:58:28	5:50
95	Willeke Delanote	F	33	411	0:59:10	5:55
96	Tycho Bruneel	M	25	377	0:59:15	5:55
97	Nynke Faber	F	17	392	0:59:24	5:56
98	Boudewijn Polley	M	65	361	1:00:25	6:02
99	Evelien De Jonckheere	F	36	396	1:02:05	6:12
100	Hans Feys	M	62	311	1:02:29	6:14
101	Mathilde Feys	F	25	310	1:02:58	6:17
102	Jessie Minnekeer	F	33	343	1:03:55	6:23
103	Sofie Vandecasteele	F	34	342	1:03:55	6:23
104	wietse turcq	F	25	317	1:04:16	6:25
105	cris Colpaert	M	61	355	1:05:57	6:35

106	Gill Fieu	F	24	305	1:06:45	6:40
107	Elya Delanote	F	24	306	1:06:45	6:40
108	Hanna Carette	F	24	307	1:06:46	6:40
109	Evy Verlinde	F	45	415	1:07:12	6:43
110	noella desmedt	F	68	414	1:07:46	6:46
111	erika lambert	F	50	348	1:07:48	6:46
112	Kim Houkx	F	37	331	1:08:07	6:48
113	Stephanie Dumoulin	F	37	423	1:09:06	6:54
114	Elsie Durnez	F	17	316	1:09:12	6:55
115	Morgane Garreyn	F	17	315	1:09:12	6:55
116	Deborah Sinnaeve	F	30	373	1:10:31	7:03
117	Eric Desmet	M	68	354	1:11:03	7:06
118	Jeroen Porteman	M	47	395	1:14:58	7:29
119	Aude Porteman	F	0	394	1:14:58	7:29
120	marnick baelde	M	56	309		
121	Timm Soetaert	M	44	312		
122	Thijs Louwagie	M	31	313		
123	Miet Pacquet	F	26	314		
124	Deruytter Peter	M	52	318		
125	Maxim Lernout	M	35	319		
126	Veerle Derudder	F	19	320		
127	Henk Derudder	M	48	321		
128	Sandra Inghelbrecht	F	49	335		
129	Pieter De koninck	M	29	336		
130	Piet Vandersteene	M	42	349		
131	Bernard Bouckaert	M	52	351		
132	Stan Catteeuw	M	14	352		
133	Thijs Verplanken	M	18	353		
134	Valerie De Doncker	F	45	356		
135	Fleur Van der Meulen	F	26	386		
136	stefanie D haen	F	41	390		
137	Lukas Missault	M	16	432		